



St Margarets Foot Clinic

Falknor`s Needling for verrucae

Falknor`s Needling procedure is an innovative and effective treatment for verrucae (warts), which are benign types of the **Human Papilloma Virus** (HPV) group. It is a form of soft tissue therapy which is intended to break down the verruca and create a controlled **inflammatory** response which, in turn, stimulates the body's immune system to recognise the virus and destroy it. The treatment has been around for over 45 years (being first described in a medical journal in America in 1969) and is used routinely with great success by practitioners internationally.

Benefits over other treatments:

Needling is different from most other treatment modalities (such as caustics, which can entail dozens of applications to be effective) as **it only requires one**, or occasionally two, applications making this an ideal treatment for busy people. You may shower after your treatment as normal; but you must keep your dressing dry for the first 4 days. Two spare dressings will be provided if required (change every 2 days) you can continue with daily activities as normal. But avoid repetitive stress directly on the treatment site. One week following the Needling procedure, you will be advised to leave the verruca alone to allow the body to start its process.

How does this method of treatment work? By puncturing the verruca with an empty sterile needle many times, the viral particles are directly exposed to the fatty tissue beneath the skin where the body is rich in immune regulators. Here, the immune system can recognise and destroy the virus. As this immune response is often systemic, treatment of only one Verruca is required even where there are many lesions as spontaneous remission occurs in all, or most, Verrucae at the same time.

The procedure is carried out painlessly under a local anaesthetic and only mild soreness the following day has been reported by a few patients, although the majority of patients feel no discomfort at all following treatment.

The foot can stay numb for up to 6 hours.

When will I see results?

Most verrucae will start to show signs of resolving within the first 2 months, with complete resolution by month 6 in 69%-70% of cases. Long-standing verrucae (5-15 years old) can take up to 8 months to show complete resolution, again in 69%-70% of cases.

St Margarets Foot Clinic is pleased to offer this treatment for patients following an assessment appointment.

Contact St Margarets Foot Clinic on 07422552491 to make an appointment or visit us at www.stmargaretsfootclinic.co.uk for more information.

PTO for cost

On the day of the procedure:

- You are advised not to drive for 24 hours after the procedure, it's for your safety and most likely you will not be insured.
- You are advised to rest after the procedure, so do not have any plans arranged.
- Please wear comfortable shoes, wash your feet and remove any moisturiser.
- Depending on the type of nerve block required, your foot/area can remain numb for 2 -6 hours.

Pricing

Initial consultation: £55.00 if new patient, £49.00 if an existing patient last seen within 12 months (required to check suitability for Local Anaesthetic and procedure – healing etc)

Needling procedure with Local Anaesthetic:

Total Cost of package: **£220.00** on one foot. (60 minutes)

Additional **£80.00** if verrucae are on both feet, and are large/problematic/different types of verrucae (mosaic/singular).

Package includes: Procedure, Post op dressing and two follow up appointments (this appointment does not include any other routine work): worth £25.00 each included. On call text post-Needling communication.

Studies have shown Needling to be up to 69% - 70% successful with one procedure.

If second procedure is needed: Can be considered after 6 months from first procedure at the same cost.